

# Your Personality Profile

*Directions—In each of the following rows of four words across, place an x in front of the one word that most often applies to you. Continue through all forty lines; be sure each number is marked. If you are not sure which word "most applies," ask a spouse or a friend, and think of what your answer would have been when you were a child.*

## Strengths

- |    |  |   |                                       |  |
|----|--|---|---------------------------------------|--|
| 1  | <input type="checkbox"/> Adventurous   | <input type="checkbox"/> Adaptable        | <input type="checkbox"/> Animated     | <input type="checkbox"/> Analytical    |
| 2  | <input type="checkbox"/> Persistent    | <input type="checkbox"/> Playful          | <input type="checkbox"/> Persuasive   | <input type="checkbox"/> Peaceful      |
| 3  | <input type="checkbox"/> Submissive    | <input type="checkbox"/> Self-sacrificing | <input type="checkbox"/> Sociable     | <input type="checkbox"/> Strong-willed |
| 4  | <input type="checkbox"/> Considerate   | <input type="checkbox"/> Controlled       | <input type="checkbox"/> Competitive  | <input type="checkbox"/> Convincing    |
| 5  | <input type="checkbox"/> Refreshing    | <input type="checkbox"/> Respectful       | <input type="checkbox"/> Reserved     | <input type="checkbox"/> Resourceful   |
| 6  | <input type="checkbox"/> Satisfied     | <input type="checkbox"/> Sensitive        | <input type="checkbox"/> Self-reliant | <input type="checkbox"/> Spirited      |
| 7  | <input type="checkbox"/> Planner       | <input type="checkbox"/> Patient          | <input type="checkbox"/> Positive     | <input type="checkbox"/> Promoter      |
| 8  | <input type="checkbox"/> Sure          | <input type="checkbox"/> Spontaneous      | <input type="checkbox"/> Scheduled    | <input type="checkbox"/> Shy           |
| 9  | <input type="checkbox"/> Orderly       | <input type="checkbox"/> Obliging         | <input type="checkbox"/> Outspoken    | <input type="checkbox"/> Optimistic    |
| 10 | <input type="checkbox"/> Friendly      | <input type="checkbox"/> Faithful         | <input type="checkbox"/> Funny        | <input type="checkbox"/> Forceful      |
| 11 | <input type="checkbox"/> Daring        | <input type="checkbox"/> Delightful       | <input type="checkbox"/> Diplomatic   | <input type="checkbox"/> Detailed      |
| 12 | <input type="checkbox"/> Cheerful      | <input type="checkbox"/> Consistent       | <input type="checkbox"/> Cultured     | <input type="checkbox"/> Confident     |
| 13 | <input type="checkbox"/> Idealistic    | <input type="checkbox"/> Independent      | <input type="checkbox"/> Inoffensive  | <input type="checkbox"/> Inspiring     |
| 14 | <input type="checkbox"/> Demonstrative | <input type="checkbox"/> Decisive         | <input type="checkbox"/> Dry humor    | <input type="checkbox"/> Deep          |
| 15 | <input type="checkbox"/> Mediator      | <input type="checkbox"/> Musical          | <input type="checkbox"/> Mover        | <input type="checkbox"/> Mixes easily  |
| 16 | <input type="checkbox"/> Thoughtful    | <input type="checkbox"/> Tenacious        | <input type="checkbox"/> Talker       | <input type="checkbox"/> Tolerant      |
| 17 | <input type="checkbox"/> Listener      | <input type="checkbox"/> Loyal            | <input type="checkbox"/> Leader       | <input type="checkbox"/> Lively        |
| 18 | <input type="checkbox"/> Contented     | <input type="checkbox"/> Chief            | <input type="checkbox"/> Chartmaker   | <input type="checkbox"/> Cute          |
| 19 | <input type="checkbox"/> Perfectionist | <input type="checkbox"/> Pleasant         | <input type="checkbox"/> Productive   | <input type="checkbox"/> Popular       |
| 20 | <input type="checkbox"/> Bouncy        | <input type="checkbox"/> Bold             | <input type="checkbox"/> Behaved      | <input type="checkbox"/> Balanced      |

## Weaknesses

- |                       |                       |                    |                    |
|-----------------------|-----------------------|--------------------|--------------------|
| 21 ___ Blank          | ___ Bashful           | ___ Brassy         | ___ Bossy          |
| 22 ___ Undisciplined  | ___ Unsympathetic     | ___ Unenthusiastic | ___ Unforgiving    |
| 23 ___ Reticent       | ___ Resentful         | ___ Resistant      | ___ Repetitious    |
| 24 ___ Fussy          | ___ Fearful           | ___ Forgetful      | ___ Frank          |
| 25 ___ Impatient      | ___ Insecure          | ___ Indecisive     | ___ Interrupts     |
| 26 ___ Unpopular      | ___ Uninvolved        | ___ Unpredictable  | ___ Unaffectionate |
| 27 ___ Headstrong     | ___ Haphazard         | ___ Hard to please | ___ Hesitant       |
| 28 ___ Plain          | ___ Pessimistic       | ___ Proud          | ___ Permissive     |
| 29 ___ Angered easily | ___ Aimless           | ___ Argumentative  | ___ Alienated      |
| 30 ___ Naive          | ___ Negative attitude | ___ Nervy          | ___ Nonchalant     |
| 31 ___ Worrier        | ___ Withdrawn         | ___ Workaholic     | ___ Wants credit   |
| 32 ___ Too sensitive  | ___ Tactless          | ___ Timid          | ___ Talkative      |
| 33 ___ Doubtful       | ___ Disorganized      | ___ Domineering    | ___ Depressed      |
| 34 ___ Inconsistent   | ___ Introvert         | ___ Intolerant     | ___ Indifferent    |
| 35 ___ Messy          | ___ Moody             | ___ Mumbles        | ___ Manipulative   |
| 36 ___ Slow           | ___ Stubborn          | ___ Show-off       | ___ Skeptical      |
| 37 ___ Loner          | ___ Lord over others  | ___ Lazy           | ___ Loud           |
| 38 ___ Sluggish       | ___ Suspicious        | ___ Short-tempered | ___ Scatterbrained |
| 39 ___ Revengeful     | ___ Restless          | ___ Reluctant      | ___ Rash           |
| 40 ___ Compromising   | ___ Critical          | ___ Crafty         | ___ Changeable     |

# Personality Scoring Sheet

Now transfer all your X's to the corresponding words on the Personality Scoring Sheet and add up your totals. For example, if you checked Animated on the profile, check it on the scoring sheet. (Note: The words are in a different order on the profile and the scoring sheet.)

## Strengths

| <b>Popular</b><br><b>Sanguine</b> | <b>Powerful</b><br><b>Choleric</b> | <b>Perfect</b><br><b>Melancholy</b> | <b>Peaceful</b><br><b>Phlegmatic</b> |
|-----------------------------------|------------------------------------|-------------------------------------|--------------------------------------|
| 1 ___ Animated                    | ___ Adventurous                    | ___ Analytical                      | ___ Adaptable                        |
| 2 ___ Playful                     | ___ Persuasive                     | ___ Persistent                      | ___ Peaceful                         |
| 3 ___ Sociable                    | ___ Strong-willed                  | ___ Self-sacrificing                | ___ Submissive                       |
| 4 ___ Convincing                  | ___ Competitive                    | ___ Considerate                     | ___ Controlled                       |
| 5 ___ Refreshing                  | ___ Resourceful                    | ___ Respectful                      | ___ Reserved                         |
| 6 ___ Spirited                    | ___ Self-reliant                   | ___ Sensitive                       | ___ Satisfied                        |
| 7 ___ Promoter                    | ___ Positive                       | ___ Planner                         | ___ Patient                          |
| 8 ___ Spontaneous                 | ___ Sure                           | ___ Scheduled                       | ___ Shy                              |
| 9 ___ Optimistic                  | ___ Outspoken                      | ___ Orderly                         | ___ Obliging                         |
| 10 ___ Funny                      | ___ Forceful                       | ___ Faithful                        | ___ Friendly                         |
| 11 ___ Delightful                 | ___ Daring                         | ___ Detailed                        | ___ Diplomatic                       |
| 12 ___ Cheerful                   | ___ Confident                      | ___ Cultured                        | ___ Consistent                       |
| 13 ___ Inspiring                  | ___ Independent                    | ___ Idealistic                      | ___ Inoffensive                      |
| 14 ___ Demonstrative              | ___ Decisive                       | ___ Deep                            | ___ Dry humor                        |
| 15 ___ Mixes easily               | ___ Mover                          | ___ Musical                         | ___ Mediator                         |
| 16 ___ Talker                     | ___ Tenacious                      | ___ Thoughtful                      | ___ Tolerant                         |
| 17 ___ Lively                     | ___ Leader                         | ___ Loyal                           | ___ Listener                         |
| 18 ___ Cute                       | ___ Chief                          | ___ Chartmaker                      | ___ Contented                        |
| 19 ___ Popular                    | ___ Productive                     | ___ Perfectionist                   | ___ Pleasant                         |
| 20 ___ Bouncy                     | ___ Bold                           | ___ Behaved                         | ___ Balanced                         |

## Totals—Strengths

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Weaknesses

|    | <b>Popular<br/>Sanguine</b> | <b>Powerful<br/>Choleric</b> | <b>Perfect<br/>Melancholy</b> | <b>Peaceful<br/>Phlegmatic</b> |
|----|-----------------------------|------------------------------|-------------------------------|--------------------------------|
| 21 | ___ Brassy                  | ___ Bossy                    | ___ Bashful                   | ___ Blank                      |
| 22 | ___ Undisciplined           | ___ Unsympathetic            | ___ Unforgiving               | ___ Unenthusiastic             |
| 23 | ___ Repetitious             | ___ Resistant                | ___ Resentful                 | ___ Reticent                   |
| 24 | ___ Forgetful               | ___ Frank                    | ___ Fussy                     | ___ Fearful                    |
| 25 | ___ Interrupts              | ___ Impatient                | ___ Insecure                  | ___ Indecisive                 |
| 26 | ___ Unpredictable           | ___ Unaffectionate           | ___ Unpopular                 | ___ Uninvolved                 |
| 27 | ___ Haphazard               | ___ Headstrong               | ___ Hard to please            | ___ Hesitant                   |
| 28 | ___ Permissive              | ___ Proud                    | ___ Pessimistic               | ___ Plain                      |
| 29 | ___ Angered easily          | ___ Argumentative            | ___ Alienated                 | ___ Aimless                    |
| 30 | ___ Naive                   | ___ Nervy                    | ___ Negative attitude         | ___ Nonchalant                 |
| 31 | ___ Wants credit            | ___ Workaholic               | ___ Withdrawn                 | ___ Worrier                    |
| 32 | ___ Talkative               | ___ Tactless                 | ___ Too sensitive             | ___ Timid                      |
| 33 | ___ Disorganized            | ___ Domineering              | ___ Depressed                 | ___ Doubtful                   |
| 34 | ___ Inconsistent            | ___ Intolerant               | ___ Introvert                 | ___ Indifferent                |
| 35 | ___ Messy                   | ___ Manipulative             | ___ Moody                     | ___ Mumbles                    |
| 36 | ___ Show-off                | ___ Stubborn                 | ___ Skeptical                 | ___ Slow                       |
| 37 | ___ Loud                    | ___ Lord over others         | ___ Loner                     | ___ Lazy                       |
| 38 | ___ Scatterbrained          | ___ Short-tempered           | ___ Suspicious                | ___ Sluggish                   |
| 39 | ___ Restless                | ___ Rash                     | ___ Revengeful                | ___ Reluctant                  |
| 40 | ___ Changeable              | ___ Crafty                   | ___ Critical                  | ___ Compromising               |

### Totals—Weaknesses

\_\_\_\_\_

### Combined Totals

\_\_\_\_\_